

## Appointments & Information

All enrolled UW–Madison students are eligible.  
Drop-in services are available for Medical,  
Mental Health, and Survivor Services.

### Locations & Hours

#### *Medical Clinic*

333 East Campus Mall  
Floors 5–8  
M|T|R|F 8:30am–5pm  
W 9am–5pm

#### *Mental Health Services*

Monday/Tuesday 8:30am–7pm  
(M/T evening hours when classes are in session)  
Wednesday 8:30am–5pm  
Thursday 9:30am–5pm  
Friday 8:30am–5pm

#### *Lakeshore Drop-in Medical Clinic*

(when classes are in session)  
Dejope Hall  
640 Elm Drive, Floor 1  
Monday–Friday  
10am–4:30pm

### Appointments

#### *Online: MyUHS*

Phone: 608.265.5600

#### *Victim Advocacy & Survivor Services*

608.265.5600 (option 3)  
survivorservices@uhs.wisc.edu

#### *Occupational Medicine*

608.265.5610

#### *Emergencies & After Hours*

24-hour Urgent Medical Advice  
608.265.5600 (option 1)  
24-hour Mental Health Crisis Services  
608.265.5600 (option 9)

# UNIVERSITY HEALTH SERVICES

*Promoting, protecting,  
and restoring health  
and well-being*



[uhs.wisc.edu](https://uhs.wisc.edu)



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**UHS** | University  
Health Services  
UNIVERSITY OF WISCONSIN-MADISON

## University Health Services

University Health Services (UHS)—UW–Madison’s student health center—is open to all enrolled students. As a national leader in college health, we combine high-quality medical, mental health, prevention, and wellness services with a public health approach to support social justice, campus health, and student success.

UHS has been fully accredited by the Accreditation Association for Ambulatory Health Care since 1983.

### UHS Diversity & Inclusion Statement

UHS strives to promote, protect, and restore health and well-being. We hold a strong commitment to the diverse UW–Madison community and the promotion of equity and justice. We recognize and acknowledge that implicit bias, oppression, discrimination, prejudice, and inequitable systems of power and privilege impact our campus community. As a healthcare organization serving the campus community, we work to:

- Create and sustain an environment that respects and welcomes people from diverse backgrounds;
- Affirm and honor diversity in all its forms included but not limited to: race, color, ethnicity, religion, sex, citizenship, national origin, age, ancestry, physical/mental ability, political beliefs, status as a veteran, sexual orientation, marital status, parental status, gender identity, gender expression, body size, and socioeconomic status;
- Challenge systems of oppression to create a more inclusive campus community;
- Recognize and eliminate the prejudice and discrimination that have traditionally affected healthcare delivery;
- Reduce health disparities; and
- Continually refine our cultural awareness and competence through professional development, engage in ongoing self-examination of our biases, and be open to feedback.

# QUALITY CARE

*serving campus for more than 100 years*

### Sign up for MyUHS

MyUHS is the secure online portal to make appointments online, input health history records, and send and receive secure messages. Sign-up is free and recommended for all UHS patients and clients.

[myuhs.uhs.wisc.edu](https://myuhs.uhs.wisc.edu)

## Medical

UHS offers many of the amenities of a full-service medical clinic. Medical services support student health and well-being by caring for acute and ongoing illnesses and injuries, as well as promoting health through clinical preventive services such as HPV vaccinations, flu shots, and travel health evaluations.

### Services include

- Primary medical care
- Allergy and specialty medication injections
- Lab work and radiology services
- STI and HIV testing
- Transgender health care
- Occupational medicine
- Physical therapy and athletic training
- Psychiatry
- Nutrition services
- Women's health care
- Integrated behavioral health services

## For parents

UHS is here for parents and family members who may be concerned about a student or who would like to know more about a particular medical or mental health issue. Health records for students 18 years or older are protected by federal and state health privacy laws. Consultation is available.

Visit [uhs.wisc.edu/parents/](https://uhs.wisc.edu/parents/) for more information.

# HEALTHY BODY

*high-quality care for students*





## Mental Health

Our mental health providers understand the complexities of student life and provide an open, safe, and confidential environment to help students through issues that may interfere with their well-being and productivity.

Common concerns include: depression, anxiety, stress, sexuality, body image, self-esteem, alcohol, drug problems, relationships, sexual assault, sexual harassment, dating violence, domestic violence, stalking, and other mental health concerns.

### Services include

- Individual, couple/partner, and group counseling
- 24-hour crisis services
- Let's Talk consultations throughout campus
- Alcohol and other drug assessments and treatments
- Disordered eating assessments and treatments
- Consultations for students, faculty, staff, and parents who are concerned about a student
- Information and referral about reporting options
- Support groups
- Accompaniment to survivor appointments (e.g., medical, campus disciplinary, court dates)

### Privacy is our priority

Our services are confidential. We do not share health records with parents, friends, faculty, staff, university officials, or anyone else without consent from the patient or client.

[uhs.wisc.edu/healthrecords](https://uhs.wisc.edu/healthrecords)

# HEALTHY MIND

*Positive mental health and well-being*



## Personal Wellness

There is more to maintaining health than exercise. UHS offers wellness services to enhance student learning and promote health through programs that address basic nutrition, sleep problems, or stress. Providers can meet with students to review their personal habits and improve their wellness.

### Services include

- Meditation
- Mindfulness
- Nutrition counseling
- Sleep management
- Stress management
- Yoga

## Student Health Insurance Plan (SHIP)

The UW–Madison Student Health Insurance Plan (SHIP) provides access to a nation wide network of hospitals, clinics, and specialized services at an affordable cost. UHS does not run SHIP for profit; we do it to hold down administrative costs and tailor the plan to the needs of our students.

Visit [uhs.wisc.edu/ship/](https://uhs.wisc.edu/ship/) for more information.

# HEALTHY LIVING

*a healthy student is a productive student*



## Survivor Services

Survivor Services provides confidential support to victims/survivors of sexual assault, sexual harassment, dating violence, domestic violence, and/or stalking. These services are available at no cost and available in Spanish upon request.

### Services include

- Information and referral about reporting options
- Support groups
- Accompaniment to survivor appointments (e.g., medical, campus disciplinary, court dates)

## Healthy Campus and Violence Prevention

Our population-based prevention and health promotion initiatives support an environment where people are safe and connected to one another. Our prevention specialists address important campus health issues such as sexual assault, dating violence, high-risk alcohol and drug use, suicide, wellness, health equity, and healthy academic settings.

### For faculty, staff, and community members

UHS assists faculty, instructional staff, advisors, and student services staff to cultivate a healthy campus environment.

### Services include

- Employee flu shots
- Guest instruction around health promotion, diversity, and social justice
- Mental health consultations for concerns about students
- Occupational medicine
- Summer camp health services

# HEALTHY ! CAMPUS

*individual, community, population*

