

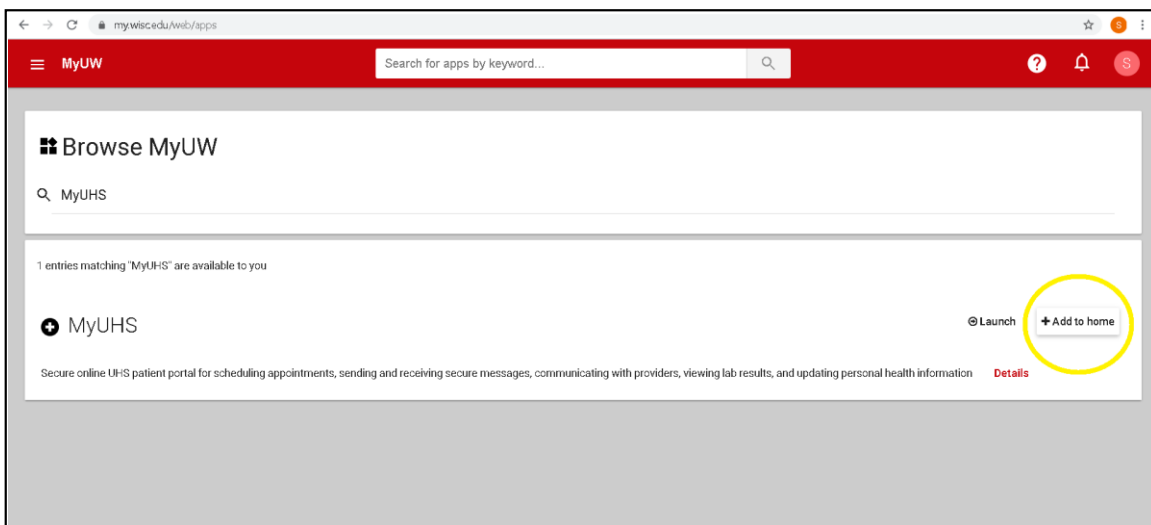
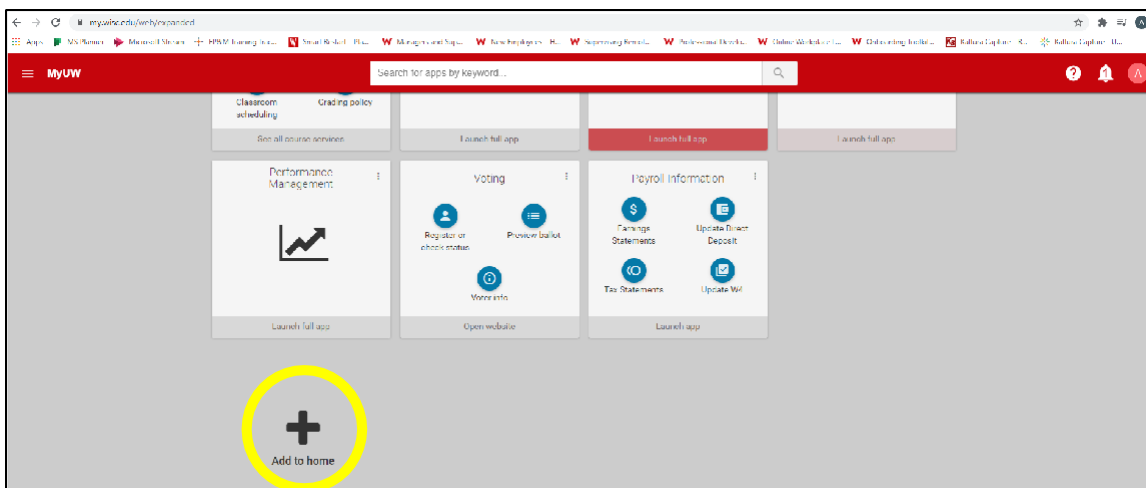
MyUHS को निर्देशनहरू

यदि तपाईंलाई भाषा सहायता आवश्यक भएमा, सांस्कृतिक भाषागत सेवा (Cultural Linguistic Services) मा सम्पर्क गर्नुहोला

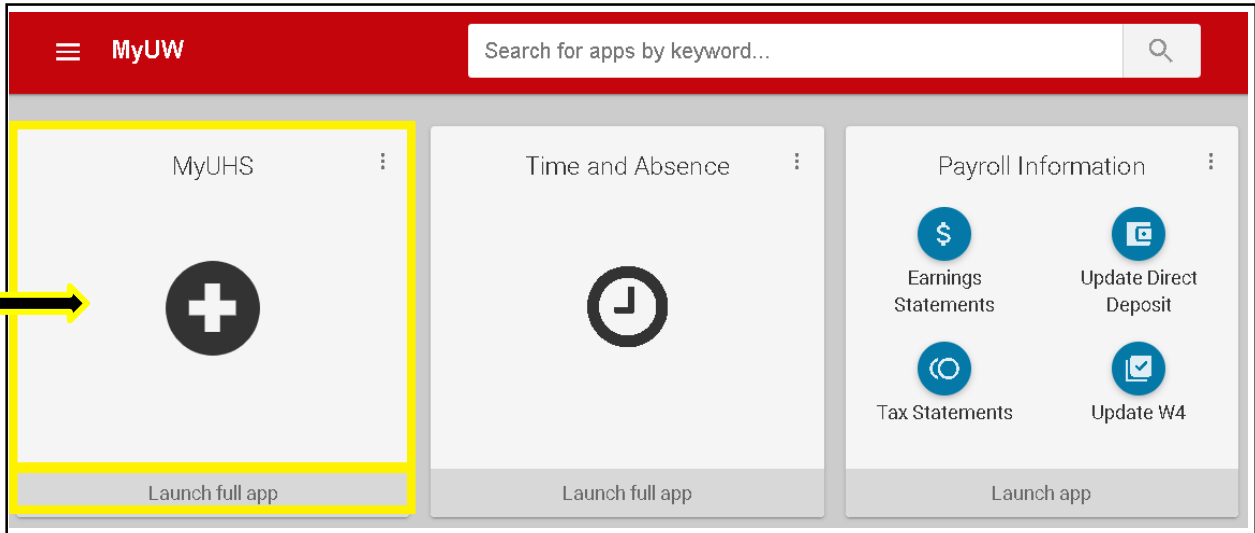
<p>Español / Spanish 608-265-0838 solanabelrodriguez@wisc.edu</p>	<p>Español / Spanish 608-265-1489 joel.mortensen@wisc.edu</p>	<p>Hmoob / Hmong 608-263-2217 jzong.thao@wisc.edu</p>
<p>ཧོ་ཡེ་ཡི། / Tibetan 608-890-2545 yangbum.gyal@wisc.edu</p>	<p>中文 / Chinese 608-890-2628 shuwen.li@wisc.edu</p>	<p>नेपाली / Nepali 608-262-7521 parwat.regmi@wisc.edu</p>

UHS मा लग-ईन गर्ने

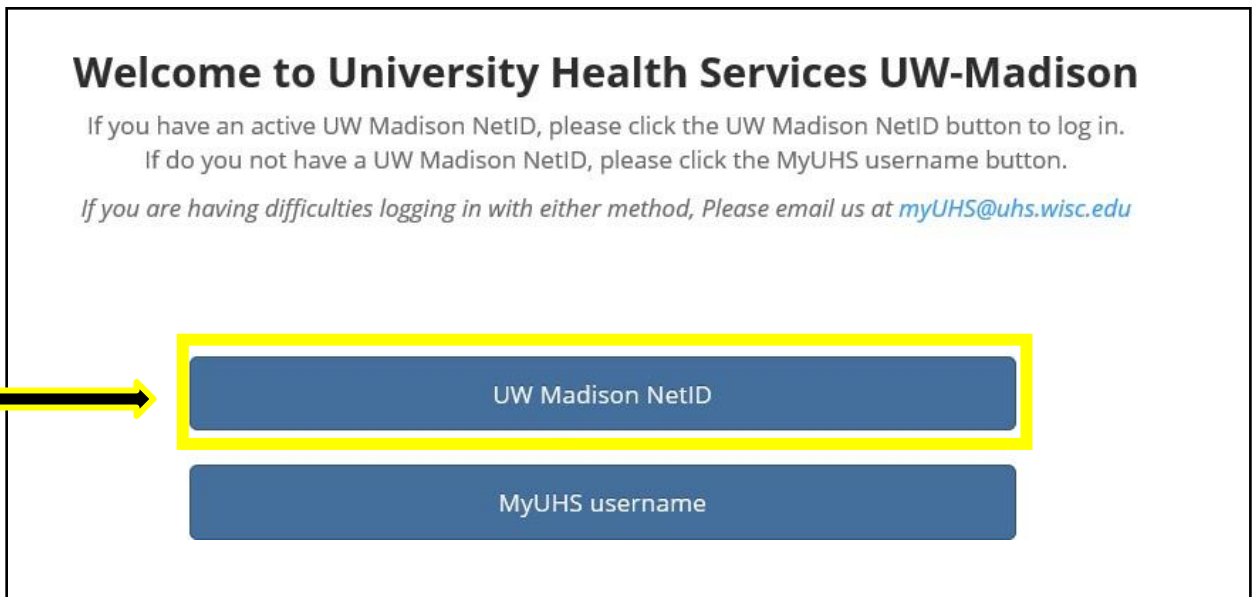
<https://my.wisc.edu/> मा गएर **MyUW** मा लग-ईन गर्नुहोस्
तपाईंको **MyUW** मा **MyUHS Add** गर्नुहोस्



MyUHS खोलुहोस्



The screenshot shows the MyUW dashboard with a red header containing the MyUW logo and a search bar. Below the header are three main app tiles: MyUHS, Time and Absence, and Payroll Information. The MyUHS tile is highlighted with a yellow border and contains a large plus sign icon. A yellow arrow points to this icon. Below the MyUHS tile is a 'Launch full app' button. The Time and Absence tile has a clock icon and a 'Launch full app' button. The Payroll Information tile has four sub-tiles: Earnings Statements, Update Direct Deposit, Tax Statements, and Update W4, with a 'Launch app' button at the bottom.

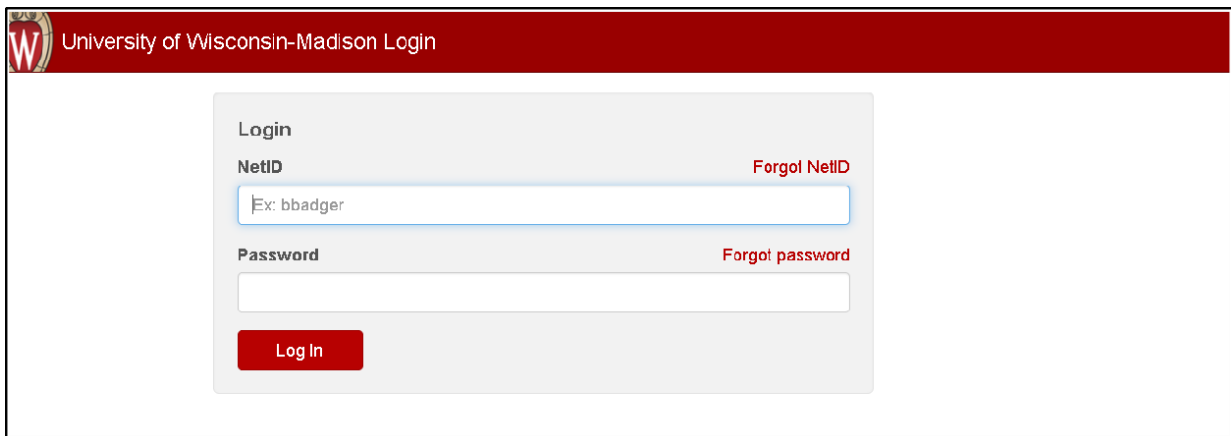


The screenshot shows the 'Welcome to University Health Services UW-Madison' login page. It includes instructions for logging in with a UW Madison NetID or a MyUHS username. Below the instructions are two blue buttons: 'UW Madison NetID' and 'MyUHS username'. A yellow box highlights the 'UW Madison NetID' button, and a yellow arrow points to it.

Welcome to University Health Services UW-Madison

If you have an active UW Madison NetID, please click the UW Madison NetID button to log in.
If you do not have a UW Madison NetID, please click the MyUHS username button.

If you are having difficulties logging in with either method, Please email us at myUHS@uhs.wisc.edu



The screenshot shows the 'University of Wisconsin-Madison Login' page. It features a login form with fields for NetID and Password. The NetID field has an example 'Ex: bbadger'. There are links for 'Forgot NetID' and 'Forgot password'. A red 'Log In' button is at the bottom of the form.

University of Wisconsin-Madison Login

Login

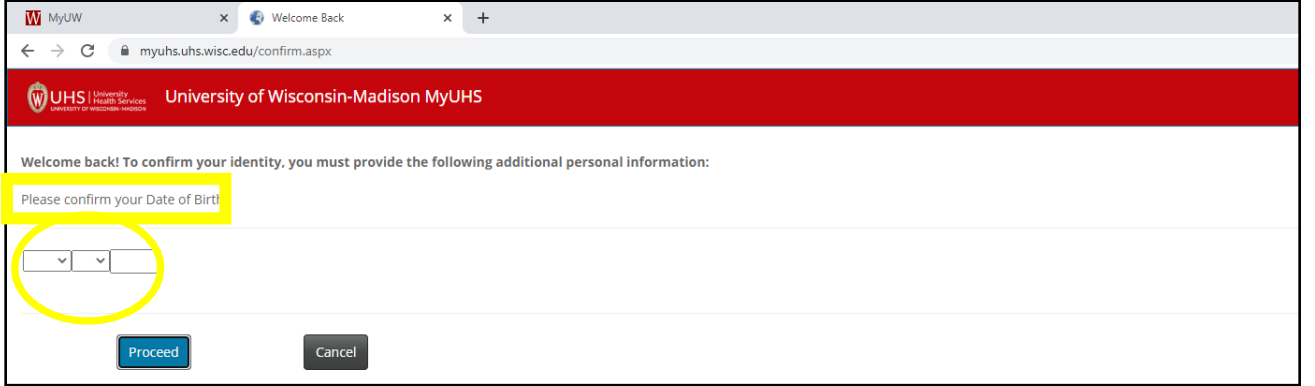
NetID [Forgot NetID](#)

Ex: bbadger

Password [Forgot password](#)

Log In

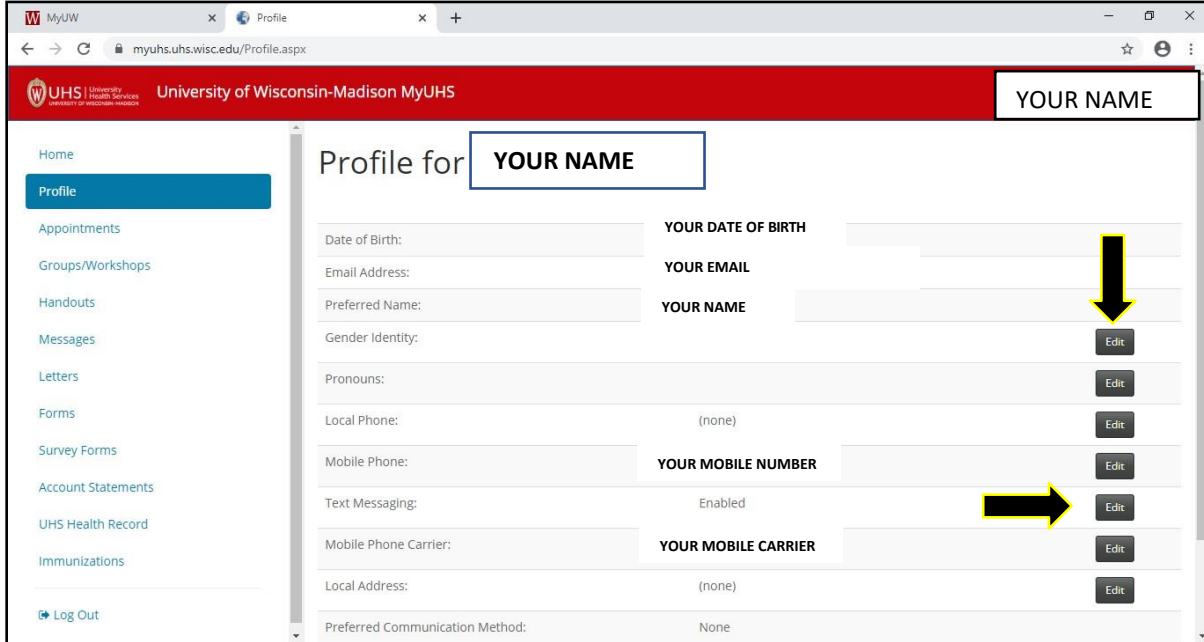
तपाईंको जन्म मिति राखेर तपाईंको पहिचान पुष्टि गर्नुहोस्



तपाईंको प्रोफाइलको समीक्षा र अपडेट गर्नुहोस्:

- ✓ तपाईंको जन्म मिति चेक गर्नुहोस्
- ✓ ईमेल आईडी चेक गर्नुहोस्
- ✓ मोबाईल फोन नम्बर चेक गर्नुहोस्
- ✓ टेक्स्ट मेसेज *enable* गर्नुहोस्

तपाईंको परीक्षणका नतिजाहरू तयार भएपछि UHS बाट सुरक्षित मेसेज पाउनुहुनेछ ।

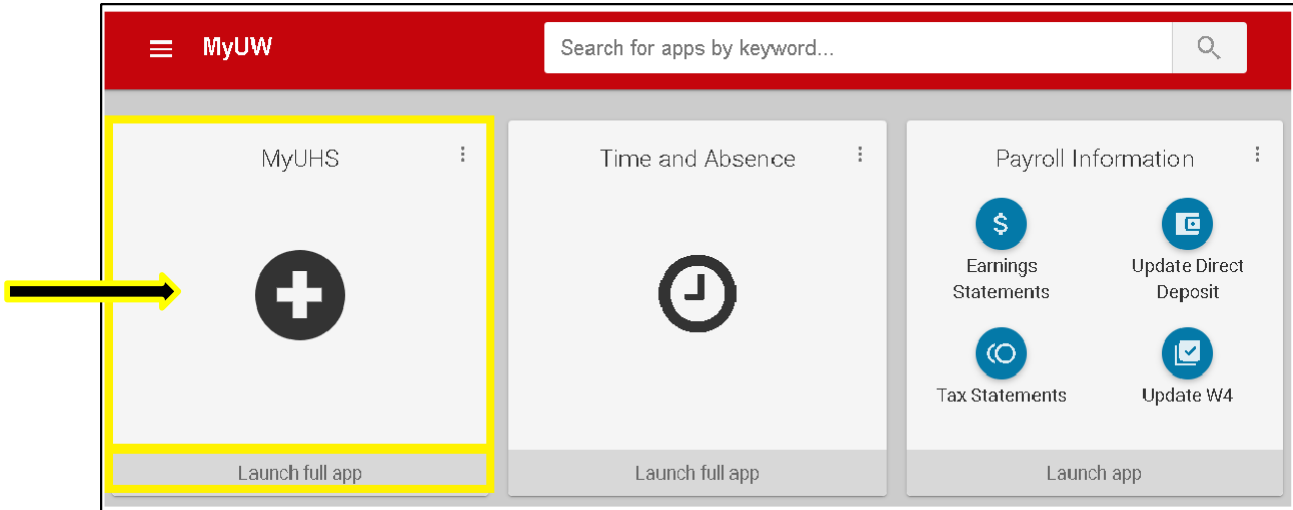


सक्किएपछि तपाईंको गोपनीयता र सुरक्षाको लागि, **UHS** बाट लग आउट गर्न निश्चित गर्नुहोस्!

The screenshot shows the MyUHS interface for the University of Wisconsin-Madison. The header is red with the UHS logo and the text "University of Wisconsin-Madison MyUHS" on the left, and "YOUR NAME" on the right. A left sidebar contains a menu with items: Home, Profile, Appointments, Groups/Workshops, Handouts, Messages, Letters, Forms, Survey Forms, Account Statements, UHS Health Record, and Immunizations. The main content area is titled "Home for तपाईंको नाम" (Home for your name). It displays the last login time as 7/31/2020 10:00 AM with a "Log Out" link. The quarantine status is "N/A" with a "Show" button. Below this is a "Conditions of Use" section with a "Welcome to MyUHS" heading. A warning message states: "To protect your private health information you must either log out of MyUHS or close your browser when finished in MyUHS. Simply closing the MyUHS tab will NOT log you out. Failure to do so may result in others being able to view your information. Please click on 'Conditions of Use' above for further instructions on using MyUHS." The version number [Version: 12.11.4893] is shown at the bottom. A "Log Out" button is highlighted in yellow at the bottom left of the sidebar.

परीक्षणको समय बनाउने र परीक्षणको नतिजाहरू हेर्ने

<https://my.wisc.edu/> मा गएर **MyUW** मा लग-ईन गर्नुहोस् र **MyUHS** खोल्नुहोस्

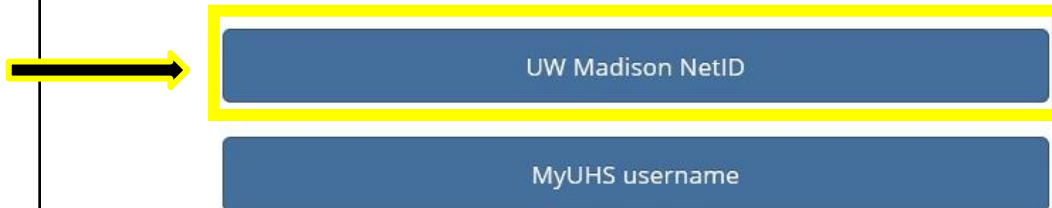


Welcome to University Health Services UW-Madison

If you have an active UW Madison NetID, please click the UW Madison NetID button to log in.

If you do not have a UW Madison NetID, please click the MyUHS username button.

If you are having difficulties logging in with either method, Please email us at myUHS@uhs.wisc.edu



The screenshot shows the "University of Wisconsin-Madison Login" page. It features a "Login" section with a "NetID" field containing the example "bbadger" and a "Forgot NetID" link. Below it is a "Password" field and a "Forgot password" link. At the bottom of the login section is a red "Log In" button.

तपाईंको जन्म मिति राखेर तपाईंको पहिचान पुष्टि गर्नुहोस्

MyUW Welcome Back
myuhs.uhs.wisc.edu/confirm.aspx
UHS | University Health Services University of Wisconsin-Madison MyUHS
Welcome back! To confirm your identity, you must provide the following additional personal information:
Please confirm your Date of Birth:
Proceed Cancel

तपाईंको COVID परीक्षणको समय बनाउनु अगाडि, "Forms" लेखेको लिङ्कमा गएर UHS Information and Consent Form हेर्नुहोस्, पूरा गर्नुहोस् र हस्ताक्षर गर्नुहोस्

Click on the blue link(s) below to access the form(s). Once submitted the form will be marked "Completed".

Form Name	Status
UHS Information and Consent Form	Not Yet Complete: Please provide the requested information with special attention to the required fields.
OCCUPATIONAL MEDICINE: 1. Privacy Notice and Consent to Treat	Not Yet Complete: Please provide the requested information with special attention to the required fields.
OCCUPATIONAL MEDICINE: 2. Authorization for Release of Occupational Health Records	Not Yet Complete: Please provide the requested information with special attention to the required fields.
MHS Couples Consent	Not Yet Complete: Please provide the requested information with special attention to the

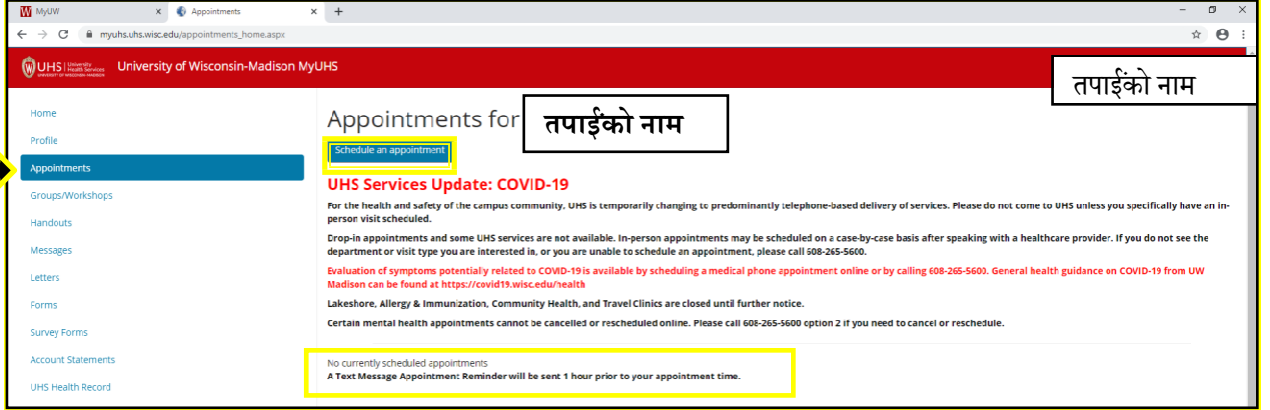
सो फाराम हेरेर पूरा गर्नुभएपछि, फारामको अन्त्यमा रहेको "I consent" बाकसमा थिच्नुहोस्। तपाईंको नाम, आजको मिति, जन्म मिति भरेर **Submit Final** थिच्नुहोस्

Appointments
Groups/Workshops
Handouts
Messages
Letters
Forms
Surveys
Account Statements
UHS Health Record
Immunizations

Type in your name below:
** Electronically signed by:
** Date signed:
** Date of birth:
Updated 8-4-2020

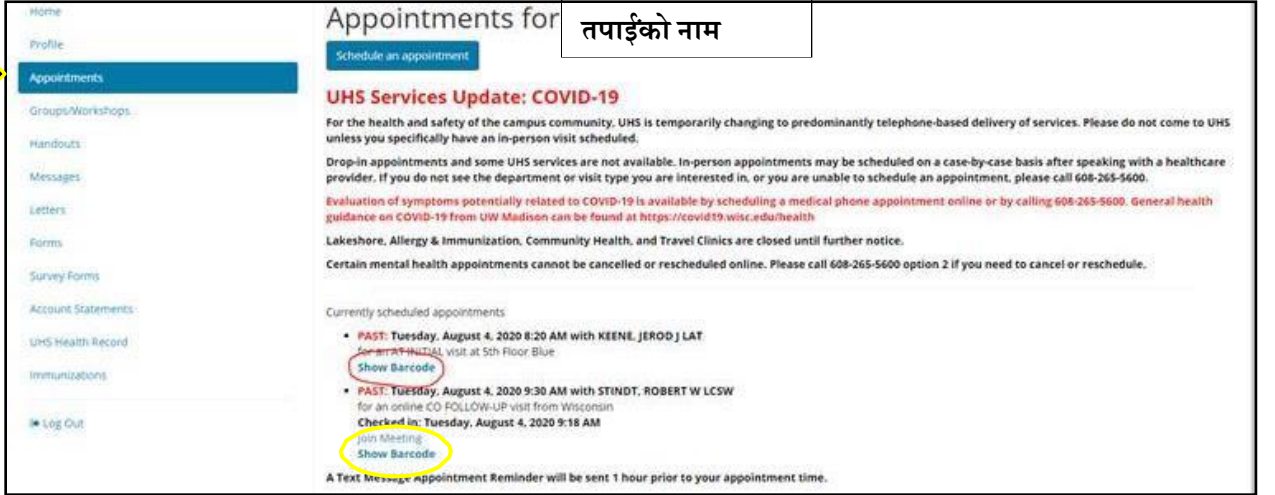
Submit Final Click here to submit the final content of the form (You cannot change items after the form has been submitted.)
Cancel Click here to cancel entering the form (Currently entered changes will not be saved.)

परीक्षणको समय बनाउनुहोस्



The screenshot shows the MyUHS Appointments page. The 'Appointments' menu item is highlighted with a yellow arrow. The 'Schedule an appointment' button is also highlighted. The page title is 'Appointments for तपाईंको नाम'. The main content area displays a 'UHS Services Update: COVID-19' notice. A yellow box highlights the text: 'No currently scheduled appointments. A Text Message Appointment: Reminder will be sent 1 hour prior to your appointment time.'

तपाईंको परीक्षणको समय यहाँ पुष्टी हुनेछ । यदि तपाईं *vacation* वा अरु कुनै कारणले परीक्षण गर्ने दिनमा काममा हुनुहुन्न भने, सो समय रद्द गर्नुहोस् ।



The screenshot shows the MyUHS Appointments page with a list of currently scheduled appointments. The 'Appointments' menu item is highlighted with a yellow arrow. The 'Show Barcode' buttons are highlighted with yellow circles. The list includes:

- PAST: Tuesday, August 4, 2020 8:20 AM with KEENE, JEROD J LAT for an IN-PERSON visit at 5th Floor Blue
- PAST: Tuesday, August 4, 2020 9:30 AM with STINDT, ROBERT W LCSW for an online CO-FOLLOW-UP visit from Wisconsin
- Checked in: Tuesday, August 4, 2020 9:18 AM

A yellow box highlights the text: 'A Text Message Appointment Reminder will be sent 1 hour prior to your appointment time.'

कर्मचारीहरूले प्रत्येक परीक्षणको समयमा "QR Code" देखाउनु पर्ने हुन्छ । यस QR कोडले तपाईंको MyUHS खातालाई तपाईंको परीक्षण नतिजाहरूसँग जोड्नेछ ।

- तपाईंको परीक्षणको समयमा MyUHS को Home वा Appointments मा रहेको QR Code देखाउन तपाईंको स्मार्टफोन लिएर आउने योजना बनाउनुहोस्, **वा...**
- परीक्षणको समयमा जानु अघि MyUHS बाट QR Code प्रिन्ट गरेर लिएर आउनुहोस्
- प्रत्येक परीक्षणको समयमा फरक QR code हुन्छ त्यसैले यदि तपाईं यसलाई प्रिन्ट गर्दै हुनुहुन्छ भने, तपाईंले प्रत्येक पटक नयाँ प्रिन्ट गर्नु पर्नेछ ।

तपाईंले QR Code Home मा भेटनुहुनेछ (Appointments मा पनि छ)

The screenshot shows the MyUHS Home page. A yellow arrow points to the 'Home' link in the left sidebar. The main content area displays a QR code labeled 'QR Code' and a text box for 'तपाईंको नाम' (Your Name). Below the QR code, there is a 'Print this page' link and a 'Log Out' button. The page also includes a 'Welcome to MyUHS' message and a 'Conditions of Use' link.

तपाईंको परीक्षणको २४-४८ घण्टा पछि, तपाईंले तपाईंको परीक्षणको नतिजा उपलब्ध भएको सूचना पाउनुहुनेछ (टेक्स्ट वा ईमेलबाट)
जब तपाईंले तपाईंको परीक्षणको नतिजाहरूको सुरक्षित सूचना पाउनुहुन्छ, नतिजाहरू हेर्नका लागि **MyUW** मा लग-ईन गरेर **MyUHS** खोल्नुहोस्:

The screenshot shows the 'Medical Records for तपाईंको नाम' (Your Name) page. The 'Laboratory Results' tab is highlighted. The table below shows a COVID-19 test result from 7/20/2020.

Coll. Date	Test Name	Result	Flag	Reference	Units
7/20/2020	COVID-19 (SARS-CoV-2) Exact Sciences				
	COVID-19 (SARS-CoV-2) Exact Sc	Negative		Negative	

यदि तपाईंको नेगेटिभ नतिजा आयो भने:
र गएको ७२ घण्टा सम्म कुनै लक्षण देखिएको छैन भने, केही गर्नु पर्दैन

यदि तपाईंको पोजिटिभ नतिजा आयो भने:

काममा नजानुहोस् !

कामको बेलामा परीक्षणको नतिजा पाउनुभयो भने घर जानुहोस् !

अनुपस्थिति लागि तपाईंको युनिटको कल-ईन प्रक्रियाको पालना गर्नुहोस्
र तपाईंको स्थानीय मानव संसाधन विभागलाई खबर गर्नुहोस् ।