



Dear Student,

Welcome to the University of Wisconsin–Madison! This letter contains important information about health services available to you. **Please read it carefully and follow the four (4) steps below.**

University Health Services (UHS) offers many medical and mental health services, including primary care, mental health counseling, psychiatry, reproductive health, sexual health, travel, nutrition, wellness, immunizations, and prevention services. Many medical, counseling, and wellness services are available by phone and accessible online. Visit [our website](#) for more information, including [resources for new students and families](#).

COVID-19 testing and COVID-19 vaccines will be available at no additional cost. Flu shots will be available to students with no out-of-pocket costs, but insurance may be billed.

Appointment scheduling and information about accessing UHS services is available online at uhs.wisc.edu or by calling 608-265-5600.

Step 1: Make Sure Your Health Insurance Plan Covers You in Madison

There is no charge for most UHS appointments and services because UHS services are funded by tuition and the student health fee. However, you are responsible to pay for other health care services you may need, such as emergency and urgent care, specialty care, many medical tests, long-term mental health care, prescription medications and some vaccinations. We strongly encourage all students to have comprehensive health insurance that covers health care in the Madison area for more than just emergencies. **Please review your health insurance plan before starting school.**

If you are covered by a private insurance plan, bring your insurance card to campus, and carry it with you. If you are not covered by a health insurance plan or you are not covered adequately in the Madison area, consider enrolling in the university-sponsored [Student Health Insurance Plan](#).

Step 2: Log in to your MyUHS Account

Visit the UHS website to log in your [MyUHS](#) account in the secure online patient portal.

1. Click the “MyUHS” link in the upper right corner of uhs.wisc.edu.
2. Click the “UW Madison NetID” button and enter your **UW NetID** and password.
3. If you do not have a campus NetID, contact [DoIT](#) to have one assigned to you.
4. If you experience problems, email myuhs@uhs.wisc.edu.

Step 3: Complete Your Medical Clearances

The purpose of the Medical Clearances is to best serve each student's individual health needs and identify and collect specific information related to campus communicable disease prevention. Students will log in to MyUHS and upload information about their immunization history, including [the COVID-19 vaccine](#), health history, allergies to medications, or current medications. There is no physical exam required for incoming students.

- Log in to your MyUHS account and click "Medical Clearances" in the left column.
- Complete all elements listed under the "Items required for clearance" section until your Overall Clearance Status indicates "Satisfied." There are many items to be reviewed. They will be listed as "Awaiting review" until they are complete.

Tip: Gather all the necessary records before you start. More information about health records can be found here: uhs.wisc.edu/about/privacy/health-information-management/.

The information you provide UHS is **confidential** and becomes part of your health record. No portion of this information will be released to others without your prior written consent unless the release is for continuation of care. Your personal health information is not available to university administrators or faculty.

These vaccines are recommended for all incoming students:

COVID-19 We strongly recommend that each student receive the COVID-19 vaccine when is available to them.

Hepatitis B (HBV) A three-dose series for all young adults prior to entering college.

Measles-Mumps-Rubella (MMR) Two doses, both given after the first birthday.

Meningococcal Vaccine (MCV4) All students age 21 or younger should receive a dose of meningococcal conjugate vaccine which protects against serotypes A, C, Y, W-135, and B. If the first dose was given before age 16, students should get a booster dose of vaccine before entering college. Meningococcal vaccine is specifically recommended for first-year students living in residence halls.

Tetanus-Diphtheria-Pertussis (Tdap or DTP) An initial series of three or four shots should be given in childhood. Incoming students should receive a booster dose *including pertussis vaccine* within the past 10 years.

Varicella (VZV, chicken pox) Two doses if you did not have chicken pox as a child.

Step 4: Read the fact sheet about [meningococcal disease](#) and [hepatitis B](#)

If you live in University Housing, Wisconsin state law requires you to inform the university whether you have been vaccinated against hepatitis B and meningococcal disease. Comply with

this requirement by completing the Medical Clearances section in MyUHS. **If you do not complete this section, you may be in violation of your housing contract.**

Students with Disabilities

If you have a disability and may require an accommodation or other services, contact the [McBurney Disability Resource Center](#) about becoming a client. Completing your Medical Clearances in MyUHS **does not** constitute official notification to the university about any disability status, and information that you enter in that record will not automatically be shared with the McBurney Center. You may have to provide separate documentation, as requested, to access those services.

We look forward to working with you during your time at UW–Madison!

Sincerely,

G. Patrick Kelly, MD
Interim Director, Medical Services

Sarah Nolan, PhD
Director, Mental Health Services