

Our Services



UHS offers high-quality medical, mental health, prevention, and wellness services to enrolled UW–Madison students. Most services are available at no charge because students pay for UHS services with their tuition and fees. A fee is charged for some extra services. Most fee-based services are covered at no cost for members of the UW–Madison Student Health Insurance Plan (SHIP).

Our medical services include primary care, behavioral health, psychiatry, and specialty clinics for immunizations, gynecology, travel, and sexual health. For students with complex or unstable conditions that require other types of specialty care, UHS can refer students to providers off campus utilizing personal insurance.

Mental health services include individual, couple/partner, and group counseling, crisis counseling, and outreach to campus. Students with mental health concerns that go beyond the scope of care available at UHS can work with care managers to obtain referrals to mental health providers off campus.

Medical and Mental Health Services do not provide appointments during night or weekend hours; emergency room care; ambulance services; hospitalization; or home care. Mental Health Services has appointments available until 7 p.m. during the academic year. We have an after-hours nurse line (608-265-5600, option 1) and a 24-hour mental health crisis line (608-265-5600, option 9) available to students at no cost.

CARE FOR ILLNESSES

- Evaluation and treatment of acute and chronic illnesses
- Monitoring and management, including diagnostic tests, for stable chronic health conditions such as high blood pressure or diabetes
- Basic radiology tests (X-rays) when ordered by a UHS provider
- Laboratory testing when ordered by a UHS provider
- Referral for specialty care (with personal insurance)
- 24/7 nurse line (608-265-5600, option 1)

CARE FOR INJURIES

- Crutches, splints, or other durable medical supplies (fee charged)
- Physical therapy (fee charged) and athletic training services
- Uncomplicated cuts needing stitches
- X-rays for the evaluation of possible fractures

GYNECOLOGY

- Problem-focused and preventive care supporting reproductive health and wellness
- Screening tests, exams, and procedures that provide comprehensive contraceptive options, care for abnormal bleeding, pelvic pain, pregnancy, or STI concerns

IMMUNIZATIONS, ALLERGIES, OTHER SPECIALTY CARE

- Allergy desensitization injections (the desensitizing solution must be prescribed and provided by an outside physician/allergist)
- Immunizations including hepatitis A and B, HPV, Tdap, varicella, rabies, meningococcal, MMR (measles, mumps, rubella) and travel immunizations (fee charged)
- Hormone replacement therapy
- International pre-travel consults
- No-cost annual flu shots

MENTAL HEALTH CARE

- 24/7 crisis support available (608-265-5600, option 9)
- Brief individual and couple/partner counseling
- Group counseling
- Care management and referral
- Assessment for substance abuse and disordered eating
- Gender identity consultations
- Self-help online mental health support

PREVENTIVE CARE

- Physical exams
- Physical exams required for employment or travel, or required by other third parties (fee charged)
- STI screening, cholesterol screening, and flu shots

PSYCHIATRY

- Psychiatric consultation
- Medication management

WELLNESS SERVICES

- Meditation
- Nutrition
- Sleep management
- Smoking and vaping cessation
- Stress management

Our Services



WHO CAN USE UHS?

Any undergraduate, graduate, or professional student enrolled for the current semester may make appointments at UHS and use any service. Students entering UW–Madison for the fall semester will be eligible to receive care at UHS starting August 15.

HEALTH INSURANCE

Enrolled UW–Madison students may use UHS regardless of their health insurance coverage. UHS does not bill insurance. Any fees are charged to a student's UW–Madison account.

Access to UHS is not a substitute for having comprehensive health insurance coverage. Students should review health insurance plans before arriving on campus to see if they are covered in Madison. Many plans cover emergency care but not routine, urgent, or specialty care when students are away from home.

If a student doesn't have health insurance, the Student Health Insurance Plan (SHIP) is designed to meet UW-Madison students' needs. In addition to primary and preventive medical care at UHS, SHIP members are protected by a nationwide network of hospitals, clinics, and specialized medical services. SHIP is not motivated by profit and provides a good value with rich benefits and comparatively low member out-of-pocket expenses. Visit uhs.wisc.edu/ship or call 608-265-5232 for more information.

IMMUNIZATIONS AND MEDICAL RECORDS

Students should enter their immunization and health history information into the Medical Clearances section of MyUHS before they come to campus. We highly recommend students are protected against Tdap, MMR, Hepatitis B, Meningococcal ACYW & B, HPV, and COVID-19. If it's not possible to get vaccinated before coming here, these vaccines are available at UHS for a fee.

MYUHS

MyUHS (myuhs.uhs.wisc.edu) is a secure online patient portal. Before the semester begins, complete the Medical Clearances section in MyUHS. After the semester begins, students are eligible to make some appointments online, or in the MyUHS app, view scheduled appointments, exchange secure messages with providers, view lab and radiology results, and request health records.

UHS AND UW HEALTH

UHS is not part of UW Health, nor does UHS have any special referral relationship with UW Hospital and Clinics. Students who are referred or transported to any hospital from our clinic, including UW Hospital, are responsible for any emergency room or hospitalization charges.

WHAT IF I DON'T WANT TO GO TO UHS?

There is no requirement to use UHS. Students may seek health care from a provider that is best for them. Every year, about 50 percent of students visit UHS at least once; nine out of 10 students come to UHS at some point during their college career, and all students participate in and benefit from our online prevention programs.

WHAT TO BRING TO CAMPUS

- Alcohol-based hand sanitizer
- Antihistamine
- Basic first-aid supplies:
BAND-AIDs, antibacterial ointment, hydrocortisone cream
- Fever reducer (acetaminophen)
- Health insurance card (and prescription medication card, if separate)
- Names and phone numbers of home primary care and specialty care providers
- Pain reliever (ibuprofen and/or naproxen)
- Prescription medicines and refill information
- Thermometer
- Throat lozenges

University Health Services
608-265-5600
uhs.wisc.edu

After-hours nurse line: 608-265-5600 (option 1)
24/7 mental health crisis line: 608-265-5600 (option 9)