**Meeting Title:** Health Care Advisory Committee  
**Date:** Tuesday, October 17, 2023  
**Start/End Time:** 4-5:30 p.m.  
**Location:** Microsoft Teams  

**Invited:** Jake Baggott, Lindsay Barber, Isabelle Bubnick, AJ Butler, Kuan Chou, Ace Filter, Shia Fisher, Andy Garbacz, Amanda Jovaag, Tyler Katzenberger, Gary Malchow, Sarah Nolan, Andrew O’Donnell, Beth Olson, Roberta Pawlak, Steve Quintana, Bil Schneider, Merrick Scholz, April Scott, Ajay Sethi, Teri Stewart  

**Unable to Attend:** Chou, Filter, Jovaag, Katzenberger, Malchow, Stewart

### MINUTES

<table>
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<tr>
<th>TOPICS</th>
<th>WHO</th>
<th>TIME</th>
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<tr>
<td>1. Welcome and introduction of new faculty member, Beth Olson</td>
<td>Jake Baggott</td>
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| 2. Co-Chair Nominations  
• Shia Fisher, AJ Butler and Steve Quintana volunteered for the co-chair positions. Shia then respectfully declined and advocated for AJ to take the seat as to not contest. AJ and Steve will be the new co-chairs for this academic year. | Jake Baggott |  
| 3. Mental Health Services Update-Dr. Nolan provided an update and the following are the highlights:  
• Access appointments are scheduling less than 2 weeks out even though access appts are up 4% from last year. Overall utilization is very much the same as last year.  
• U-Will launch. 3rd party vendor that offers telehealth for mental health for counseling. Last year we purchased a certain number of appointments and was very popular and used all the appointments that we had. Contracted with them this year for a slightly different service. With the new arrangement, every registered student can receive up to 3 free appointments through UWill without going through the UHS office. The link is on the UHS website and are launching a full communications program to get the word out about this. Appointments available evenings and weekends. If needed, each student can request more appointments through the UWill portal.  
• Recently had Mental Health and Wellbeing Resource Fair at Library Mall with 300+ students attending last week. Well received by the student body.  
• Lunch & Learns happening to get the word out about services available to students | Sarah Nolan |  


Embedded programs continue to grow—we do have interest
from CALS and Housing and are working with those folks to
recruit some embedded providers for those areas.

4. Budget Planning Timeline
   - In year 2 of the 3-year plan. Final year coming up.
   - Current timeline—we need to present to SSFC on
     December 11ᵗʰ. Want to be able to present what are
     budget projections are for next year, and the project
     forward the next 5 years after that.
   - Will present plan to this committee at the next HCAC
     meeting with a high-level idea of where we will be
     with this budget. Lindsay hopes to send the info out
     in an email prior to the next meeting to prepare for
     any questions you may have regarding the budget
     proposal.

Other items:

Jake B. asked committee members to identify areas of interest that
you want to understand more about, or things you would like us to
present on and those things can be added to the agenda.

UHS has been working to provide Covid and flu vaccines for our
campus community. Vaccine clinics are scheduled throughout the
next few weeks. We’ve already given 4000+ vaccines already.
Historically, the flu campaign here has been one of the strongest in
the country. Last year gave in excess of 18,000 vaccines and
anticipate the same this year.

Have moved to a $3M budget for the upcoming remodel project.
Will move all administrative offices from 7ᵗʰ floor up to 8ᵗʰ floor
which will allow Mental Health Services to occupy the whole 7ᵗʰ floor
to provide greater access for services. The project will kick off in
early January 2024.

Spring Semester UHS will launch a pilot program called Wellness
Vending. We will offer various wellness products, mainly OTC
medications and products, sexual health products, and Plan B
emergency contraception. The plan is to have the machine on the 3ʳᵈ
floor of the Student Activity Center since it is near UHS and can easily
be accessed for stocking product, refunds, etc.

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<th>ACTION ITEM</th>
<th>RESPONSIBLE</th>
<th>DEADLINE</th>
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<tr>
<td>Address safety issues on campus, i.e. helmet use</td>
<td>Committee</td>
<td>Future mtg</td>
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