UHS offers award-winning, high-quality medical, mental health, and prevention services to UW–Madison students. Most services are available at no charge because students pay for UHS services with their tuition and fees. A fee is charged for some extra services. Most fee-based services at UHS are covered at no cost for members of the UW–Madison Student Health Insurance Plan (SHIP).

Our medical services include primary care, behavioral health, and specialty clinics for immunizations, gynecology, travel, and sexual health. For students with complex or unstable conditions that require other types of specialty care, UHS can refer students to providers off campus utilizing personal insurance.

Mental health services include individual, couple/partner, and group counseling, crisis counseling, psychiatry, telehealth visits, and drop-in services. Students with mental health concerns that go beyond the scope of care available at UHS can work with care managers to obtain referrals to mental health providers off campus.

Medical and Mental Health Services do not provide appointments during night or weekend hours; emergency room care; ambulance services; hospitalization; or home care. We have an after-hours nurse line (608-265-5600, option 1) and a 24/7 mental health crisis line (608-265-5600, option 9) available to students at no cost.

**CARE FOR ILLNESSES**
- Evaluation and treatment of acute and chronic illnesses
- Monitoring and management, including diagnostic tests, for stable chronic health conditions such as high blood pressure or diabetes
- Basic radiology tests (X-rays) when ordered by a UHS provider
- Laboratory testing when ordered by a UHS provider
- Referral for specialty care (with personal insurance)
- 24/7 nurse line (608-265-5600, option 1)

**CARE FOR INJURIES**
- Crutches, splints, or other durable medical supplies (fee charged)
- Physical therapy (fee charged) and athletic training services
- Uncomplicated cuts needing stitches
- X-rays for the evaluation of possible fractures

**PREVENTIVE CARE**
- Physical exams
- Physical exams required for employment or travel, or required by other third parties (fee charged)
- STI screening, cholesterol screening, and flu shots

**GYNECOLOGY**
- Problem-focused and preventive care supporting reproductive health and wellness
- Screening tests, exams, and procedures that provide comprehensive contraceptive options, care for abnormal bleeding, pelvic pain, pregnancy, or STI concerns

**MENTAL HEALTH CARE**
- 24/7 crisis support available (608-265-5600, option 9)
- Individual and couple/partner counseling
- Group counseling
- Care management and referral
- Assessment for substance misuse and disordered eating

**PSYCHIATRY**
- Psychiatric consultation
- Medication management

**IMMUNIZATIONS, ALLERGIES, OTHER SPECIALTY CARE**
- Allergy desensitization injections (the desensitizing solution must be prescribed and provided by an outside physician/allergist)
- Immunizations including hepatitis A and B, HPV, Tdap, varicella, rabies, meningococcal, MMR (measles, mumps, rubella) and travel immunizations (fee charged)
- Gender affirming care
- International pre-travel consultations
- Nutrition consultations
- Smoking and vaping cessation
WHO CAN USE UHS?

Any undergraduate, graduate, or professional student enrolled for the current semester may make appointments and use UHS services. Students entering UW–Madison for the fall semester will be eligible to receive care at UHS starting August 15.

Students under the age of 18

Students who are under the age of 18 as of August 15 must have a parent or legal guardian sign a consent form to be eligible to receive all UHS services. Without a signed minor consent form, many UHS medical and mental health services cannot be provided. STI testing, pregnancy testing, and sexual assault-related services are available to minors without parent/legal guardian consent.

HEALTH INSURANCE

Enrolled UW–Madison students may use UHS regardless of their health insurance coverage. UHS does not bill insurance. Any fees are charged to a student’s UW–Madison account.

Access to UHS is not a substitute for having comprehensive health insurance coverage. Students should review health insurance plans before arriving on campus to see if they are covered in Madison. Many plans cover emergency care but not routine, urgent, or specialty care when students are away from home.

If a student doesn’t have health insurance, the Student Health Insurance Plan (SHIP) is designed to meet UW-Madison students’ needs. In addition to primary and preventive medical and mental health care at UHS, SHIP members are protected by a nationwide network of hospitals, clinics, and specialized services. SHIP is not motivated by profit and provides a good value with rich benefits and comparatively low member out-of-pocket expenses. Visit uhs.wisc.edu/ship or call 608-265-5232 for more information.

IMMUNIZATIONS AND MEDICAL RECORDS

Students should enter their immunization and health history information into the Medical Clearances section of MyUHS before they come to campus. We highly recommend students are protected against Tdap, MMR, Hepatitis B, Meningococcal ACYW & B, HPV, and COVID-19. If it’s not possible to get vaccinated before coming to campus, these vaccines are available at UHS for a fee.

MYUHS

MyUHS (myuhs.uhs.wisc.edu) is a secure online patient portal. Before the semester begins, complete the Medical Clearances section in MyUHS. After the semester begins, students are eligible to make some appointments online, or in the MyUHS app, view scheduled appointments, exchange secure messages with providers, view lab and radiology results, and request health records.

UHS AND UW HEALTH

UHS is not part of UW Health, nor does UHS have any special referral relationship with UW Hospital and Clinics. Students who are referred or transported to any hospital from our clinic, including UW Hospital, are responsible for any emergency room or hospitalization charges.

WHAT IF I DON’T WANT TO GO TO UHS?

There is no requirement to use UHS. Students may seek health care from a provider that is best for them. Every year, about 50 percent of students visit UHS at least once; nine out of 10 students come to UHS at some point during their college career, and all students participate in and benefit from our online prevention programs.

WHAT TO BRING TO CAMPUS

- Alcohol-based hand sanitizer
- Antihistamine
- Basic first-aid supplies: Band-AID’s™, antibacterial ointment, hydrocortisone cream
- Fever reducer (acetaminophen)
- Health insurance card (and prescription medication card, if separate)
- Names and phone numbers of home primary care and specialty care providers
- Pain reliever (ibuprofen and/or naproxen)
- Prescription medicines and refill information
- Thermometer
- Throat lozenges