Mental Health Services

- Individual, couple/partner, and group counseling
- 24-hour crisis services
- Let’s Talk consultations throughout campus
- Alcohol and other drug assessment and treatment
- Stress management services
- Disordered eating assessment and treatment
- Behavioral health consultations
- Case management services
- Psychiatric services
- Consultations for students, faculty, staff, and parents who are concerned about a student

Our staff includes: clinical social workers, psychologists, counselors, psychiatrists, nurse practitioners, case managers, and wellness providers (massage therapists, nutritionists, exercise specialists)

More details at: www.uhs.wisc.edu/services/counseling
Faculty & Staff Resource Guide

Know Your Limits

If You Notice Behaviors Of Concern

- Student exhibits behavior that substantially impairs, interferes with or obstructs orderly processes and functions of the University
- Student exhibits behavior that deliberately interferes with instruction or other University procedures
- Student exhibits behavior that is levied or indecent
- Student exhibits behavior that breaches the peace
- Student exhibits disruptive behavior in class, on campus, or in the community
- Student does something significantly out of character
- Student acts peculiar and this is cause for alarm
- Student displays unhealthy or dangerous patterns of behavior

SEEK ASSISTANCE HERE

Dean of Students Office
70 Bascom Hall
608-263-5700
www.students.wisc.edu

For Immediate Action

- Student is threatening the safety of self or others
- Student is acting in a frightening or threatening manner
- Student is not leaving the classroom after being asked to leave
- Student is reporting or initiating a threat or bomb scare

SEEK ASSISTANCE HERE

University Police Department
Emergency: 911
Non-Emergency: 608-264-COPS (2677)

You can also find personal wellness resources for faculty and staff at UWell located at: http://uwell.wisc.edu/

Promoting, Protecting, and Restoring Student Health and Well-Being

Campus Resources

University Health Services (Medical and Mental Health) ........................................... 608-265-5600
Dean of Students Office .......................................................... 608-263-5700
McBurney Disability Services .......................................................... 608-263-2741
University Police Department ...................................................... 608-264-2677
Rape Crisis Center ........................................................................ 608-251-7273

After Hours Resources

University Health Services 24-Hour Mental Health Crisis Services ... 608-265-5600 (Option 9)
University Police Department ...................................................... 911

Note: Regardless of the situation, contact any of the above offices for support or information.