Faculty & Staff Resource Guide

Know Your Limits

While sometimes difficult to do, it is important that you realize the limits of your own responsibility when assisting distressed students. If you are involved in an intervention with a student:

- It does not mean you must (or can) resolve the student’s difficulties
- You are not responsible for the student's emotional well-being

Responding to distressed students can be emotionally challenging. It is important to obtain support for yourself from colleagues, partners, friends, or consultation with Employee Assistance Office staff.

Employee Assistance Office
Room 226, Lowell Hall
650 Langdon Street
Madison, WI 53703
608-263-2987

You can also find personal wellness resources for faculty and staff at UWell located at uwell.wisc.edu/

Campus Resources

University Health Services (Medical and Mental Health) ............................................. 608-265-5600
Dean of Students Office .......................................................................................... 608-263-5700
McBumey Disability Services ................................................................................. 608-263-2741
University Police Department ............................................................................... 608-264-2677
Rape Crisis Center ................................................................................................ 608-251-7273

After Hours Resources

University Health Services 24-Hour Mental Health Crisis Services ... 608-265-5600 (option 9)
University Police Department ................................................................................. 911

Note: Regardless of the situation, contact any of the above offices for support or information.

If You Notice Behaviors Of Concern

- Student exhibits behavior that substantially impairs, interferes with or obstructs orderly processes and functions of the University
- Student exhibits behavior that deliberately interferes with instruction or office procedures
- Student exhibits behavior that is loud or inconsiderate
- Student exhibits behavior that breaches the peace
- Student exhibits disruptive behavior in class, on campus, or in the community
- Student does something significantly out of character
- Student acts peculiar and this is cause for alarm
- Student displays unhealthy or dangerous patterns of behavior

SEEK ASSISTANCE HERE
Dean of Students Office
70 Bascom Hall
608-263-5700
students.wisc.edu

For Immediate Action

- Student is threatening the safety of self or others
- Student is acting in a frightening or threatening manner
- Student is not leaving the classroom after being asked to leave
- Student is reporting or initiating a threat or bomb scare

SEEK ASSISTANCE HERE
University Police (UWPD)
Emergency: 911
Non-Emergency: 608-264-COPS (2677)

Mental Health Services

Our staff includes:
- Clinical social workers
- Psychologists
- Psychiatrists
- Clinical psychologists
- Case managers
- Wellness providers (massage therapists, nutritionists, exercise specialists)

More details at:

uhs.wisc.edu/mental-health

24-Hour Mental Health Crisis Services: 608-265-5600 (option 9)
333 East Campus Mall
UHS | University Health Services

Promoting, Protecting, and Restoring
Student Health and Well-Being
### Mental Health

#### Critical Concerns
- **Medical**
  - Communication issues
  - Seizures
  - Sudden onset of pain
  - Bleeding that won’t stop
  - Loss of consciousness
- **Suicidal/Homicidal References**
  - Verbal or written references to suicide
  - Change in personal hygiene or dress
  - Swollen or red eyes
  - Depressed or lethargic mood
  - Exaggerated emotional response
  - Problems with peers, faculty, staff, or family members
  - Unusual or changed patterns of interaction
  - Refusing to leave classroom
  - Brandishing a weapon
  - Throwing items in anger
  - Persistent interruptions
  - Inappropriate outbursts or chain of events

#### Additional Concerns
- **Academic**
  - Poor performance and preparation
  - Excessive absences or tardiness
  - Repeated requests for special consideration
  - Unusual or changed patterns of interaction
- **Threatening Conduct**
  - Continuous arguing beyond the topic of continued communication
  - Phone calls, text messages, or any type of continued communication
  - Student communication indicates harassment or threatening
  - Expresses fear of another student
  - Expresses fear of another student or assignments
  - Asks not to be grouped with a particular student in group projects or assignments

#### University Health Services
- **University Health Services**
  - 333 East Campus Mall
  - 7th Floor
  - Book an initial Access Consultation online via myUHS or call 608.265.5600 (option 2) uhs.wisc.edu
  - 24-hour crisis line: 608.265.5600 (option 9)

#### Mental Health Services
- **University Health Services**
  - 333 East Campus Mall
  - 7th Floor
  - Book an initial Access Consultation online via myUHS or call 608.265.5600 (option 2) uhs.wisc.edu
  - 24-hour crisis line: 608.265.5600 (option 9)

### University Health Services Red Fold
- **University Health Services**
  - Mental Health Services
  - 333 East Campus Mall
  - 7th Floor
  - Book an initial Access Consultation online via myUHS or call 608.265.5600 (option 2) uhs.wisc.edu
  - 24-hour crisis line: 608.265.5600 (option 9)
  - Dean of Students Office
  - 608.253.7000

#### Acute Illness/Injury
- **Medical Services**
  - 333 East Campus Mall
  - 5th Floor
  - M-F: 8:00am-5:00pm
  - W: 9:00am-5:00pm
  - After Hours: 608.265.5600 (option 1)

#### Urgent Response
- **University Police Department**
  - Emergency: 911
  - Non-Emergency: 608.264.COPS (2677)
  - uwpd.wisc.edu

#### Less Urgent Response
- **University Health Services**
  - Mental Health Services
  - 333 East Campus Mall
  - 7th Floor
  - Book an initial Access Consultation online via myUHS or call 608.265.5600 (option 2) uhs.wisc.edu
  - 24-hour crisis line: 608.265.5600 (option 9)

### Victimization
- **Domestic Abuse Intervention Services**
  - 608.251-4445
  - or 800.747-4045
  - 608.251-RAPE (7273)
  - 608-263-5700
  - Dean of Students Office
  - 608-265-5600 (option 9)
  - 608.265.5600 (option 2)

#### Additional Concerns
- **Dean of Students Office**
  - 608-265-5600 (option 9)
  - 608.265.5600 (option 2)
  - 24-hour crisis line: 608.265.5600 (option 9)

#### University Police Department
- **Emergency:**
  - 911
  - Non-Emergency: 608.264.COPS (2677)
  - uwpd.wisc.edu

#### University Health Services
- **Mental Health Services**
  - 333 East Campus Mall
  - 7th Floor
  - Book an initial Access Consultation online via myUHS or call 608.265.5600 (option 2) uhs.wisc.edu
  - 24-hour crisis line: 608.265.5600 (option 9)

#### University Health Services Red Fold
- **University Health Services**
  - Mental Health Services
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### Contact Information
- **UHS:**
  - 5th Floor
  - Medical Services
  - University Health Services

- **Vicimization:**
  - Domestic Abuse Intervention Services
  - 608.251-4445
  - 800.747-4045
  - 608.251-RAPE (7273)
  - 608-263-5700
  - Dean of Students Office
  - 608-265-5600 (option 9)
  - 608.265.5600 (option 2)

- **Academic difficulty due to physical, or life experience**
  - uwpd.wisc.edu
  - 911

- **Threatening behaviors are a red flag and immediate action should be taken seriously**

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### Recognize
- **Respond**
- **Refer**