## What is the Information and Consent Form?

If you're checking in at University Health Services (UHS) for a medical or mental health counseling visit for the first time this year, you will be asked to sign a new Information and Consent form (either on paper or electronically).

The form only has to be signed once. It will remain in effect for all your subsequent care at UHS unless you revoke it.

In summary, this form states that:

- 1. You give UHS permission to treat you.
- 2. You give UHS permission to share information with other health care providers, if needed for your diagnosis and treatment for instance, to communicate with a specialist about your radiological images ("x-rays").
- 3. While there is no charge for most UHS services, there is a charge for some services not covered by the Student Health Fee. If a service involves a fee, you will be informed of that prior to receiving such service. You will be billed for such services, and you will be responsible for paying those bills.
- 4. Your provider may send you important health information, such as lab test results, through MyUHS using the "secure messaging" feature. You should sign up for MyUHS so you can collect these important messages.

For answers to frequently asked questions about this form, please see the other side of this page.

### Frequently Asked Questions about the Information and Consent Form

#### What happens if I don't sign it?

If the form is not signed, UHS providers may decline to treat you. If you have concerns about signing the form, please ask the reception desk to speak to someone about them. We would like to address your concerns rather than have you leave without treatment. If you want a copy of the form to take home, a receptionist will be happy to give you one, or you can find it on our website: <u>www.uhs.wisc.edu</u>.

#### What if I sign it and then change my mind later?

You may revoke your permission, in writing, at any time, although it will not be retroactive to any treatment you have already received. To revoke your consent, come to the Medical Records office on the 8<sup>th</sup> floor of 333 East Campus Mall.

#### I've been to UHS before, and I didn't have to sign this. Why the change?

At UHS we're continuously working to improve our quality of care and your understanding of your rights and responsibilities as a patient or client of our services. New technology allows UHS to store and share your health information electronically. This can assist your providers in coordinating your care outside of UHS but requires additional consent and awareness on the part of students.

#### Do I have to be worried about getting a bill? What does UHS charge for?

All UHS fees are posted on the UHS website, and your provider will tell you beforehand if a service involves a fee. Common services with fees include:

- Most immunizations (except free flu shots)
- Physical therapy appointments
- Orthopedic equipment such as splints and braces
- Third party physicals, as required for a job or Peace Corps (i.e., physical exams that require provides to complete paperwork), and certain lab work and tests connected with those physicals.

#### What is MyUHS? How do I sign up to get secure messages from my provider?

Signing up for MyUHS is easy – just click the MyUHS button in the top right corner of our website, and use your birthday and campus ID number to create your account. To learn more, ask for a copy of our MyUHS brochure, or find it on our website.

# If I sign this, does it mean UHS can release my medical and mental health records to anyone who requests them?

No. This form relates only to those aspects of your treatment at UHS described on the form, to assist you in getting the care you need. There are releases that are allowed in other health care settings under HIPAA. In a student health center, specific consent is required. To release your medical records or health information for other purposes, you would have to give additional permission.

#### What if I have more questions?

For further information, see our brochure: Privacy Information for Students. Or visit our Medical Records office on the 8<sup>th</sup> floor of 333 East Campus Mall during business hours and we will try and answer them for you.